



PEP NEWS BULLETIN

January 2010



MENTAL HEALTH MATERIALS

The PEP Resource Library has mental health resources for parents and educators including new books on Borderline Personality Disorder.

The PEP Resource Library now has the newest Mental Health Resource Guide from NAMI-The National Alliance on Mental Illness. This is the most up-to-date IOWA guide for mental health resources for families, educators, and others in need of mental health resources.

The new mental health materials are:

- NAMI IOWA Children’s Mental Health Resources: An Introduction to Mental Health Services, Resources, And Support For Families Of Children And Teens In Iowa
- Stop Walking on Eggshells: Taking Your Life Back When Someone You Care About Has Borderline Personality Disorder-Paul T. Mason And Randi Kreger
- Get Me Out Of Here: My Recovery From Borderline Personality Disorder-Rachel Reiland
- The Borderline Personality Disorder Survival Guide: Everything You Need To Know About Living With BPD-Alexander L. Chapman, Ph. D. and Kim L. Gratz, Ph. D.
- Lost In The Mirror: An Inside Look At Borderline Personality Disorder-Richard A. Moskowitz, M.D.

The PEP Resouce Library also has Success 4 Resource Kits, which includes books, videos, handouts, and research and resources. There are Success 4 Resource Kits on these disorders:

- Schizophrenia
- Serious Emotional Disorder-Including Self-Mutilation (Borderline Personality Disorder)
- Attachment Disorder
- Anxiety Disorder
- Obsessive Compulsive Disorder
- Severely Disruptive Behavior in Children
- Severely Disruptive Behavior in Adolescence
- Bipolar Disorder
- Depression

To checkout any materials from the PEP Library, call Liz Hooley at 319-399-6719 or e-mail Lhooley@aea10.k12.ia.us to make your request . Materials will be sent to you via GWAEA Van Mail to your local school.



Parent Educator Partnership (PEP)

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